

Area of Expertise indicators

Overview

Area of Expertise (AOE) is an indicator within our medical directory that displays a health care professional's unique experience, training and certifications. This indicator helps members identify in-network health care professionals who can best meet their special health care needs.

The AOE indicators are distinct from a health care professional's practicing specialty and clinical focus. For instance, an OB/GYN may have a clinical focus in endometriosis and infertility, and also have expertise in working with visually impaired individuals.

Available indicators

You can include the following Area of Expertise indicators in the UnitedHealthcare commercial, UnitedHealthcare Community and UnitedHealthcare® Medicare Plan:

- **Accountable care (ACC)** – The Patient-Centered Medical Home (PCMH) is a care delivery model whereby patient treatment is coordinated through their primary care physician to ensure they receive the necessary care when and where they need it.
- **Accepts new American Indian or Alaska native enrollees only (AIAN)** – A health care professional or clinic is accepting new American Indian / Alaska native enrollees only at their facility.
- **Aged (AGED)** – Access care for a specific age that focuses on conditions that can happen to older adults.
- **Adolescent care (SP05)** – Access care for individuals 13-18 years old that focuses on the emotional and behavioral changes that can happen during adolescent/teen years.
- **Air transport (AIRT)** – An emergency vehicle used for transporting patients to a health care facility after illness or injury. Usually rotary-wing (helicopter) or fixed-wing (plane).
- **Asthma remediation (ASRM)** – Asthma remediation seeks to improve asthma health by removing triggers from the home environment.



Key points

- Health care professionals can choose to include Area of Expertise indicators in their UnitedHealthcare medical directory listing.
- Available indicators are outlined in this document.
- Review the AOE [webpage](#) for instructions on adding or updating the indicators in a directory listing.

- **Autism treatment services (ATSD)** – An intervention for autism spectrum disorder. The approach involves the family and is for children with difficulties in relating and communicating.
- **Bariatric surgery (BARS)** – A health care professional who specializes in bariatric surgery.
- **Blindness or visually impaired (BVI)** – Access care for individuals with the inability to see (blindness) or a person who needs help to see by using glasses, contacts or by having surgery.
- **Centering pregnancy (CP)** – Centering pregnancy is a group prenatal care program for expectant parents of similar gestation which allows for increased time with the provider, as well as group discussion, education and support.
- **Chronic illness (CIL)** – Access care for individuals living with a long-term illness, such as HIV/AIDS, arthritis, diabetes, heart disease and Chronic Obstructive Pulmonary Disease (COPD).
- **Child care (SP10)** – Access care for individuals 6-12 years old that focuses on the emotional and behavioral changes that can happen during childhood.
- **Child and pregnant women (CPW)** – Receive care by a case manager for children birth through 20 years of age with a health condition, and for high-risk pregnant women of any age.
- **Co-occurring disorders (CODT)** – Access care for a condition where an individual has a mental illness and substance use disorder.
- **Community transition services/nursing facility transition to a home (CTSH)** – Helps individuals live in the community and avoid further institutionalization.
- **Day habilitation (DHP)** – Day habilitation is person-centered. It gives participants more choices over their daily activities. They can explore new areas of interest, become more involved within their communities, develop communication and interpersonal skills and set and pursue personal goals.
- **Developmentally disabled (DD)** – Access care for a condition where a person develops slower than others, commonly begins in childhood.
- **Diabetes prevention program (DPP)** – A program that focuses on providing care and information for prediabetes and type 2 diabetes.
- **EEG** – Diagnostic testing that shows brain activity and detects abnormalities.
- **Enhanced care management/health home (ECMH)** – Specialized case management services for specific population of members.
- **Environmental accessibility adaptations (EAA)** – Environmental accessibility adaptations are physical adaptations to a home that are necessary to ensure the health, welfare and safety of the individual or to enable the individual to function with greater independence in the home.
- **Foster care (E445)** – Foster care (also known as out-of-home care) is a temporary service provided by states for children who cannot live with their families.
- **Foster care agency (E478)** – State designated agency that provides a temporary living situation for children.
- **Functional medicine (FUNC)** – The health care professional has received proper additional education and training to be considered a functional medicine provider.
- **Gender affirming care (GAC)** – Access care from medical providers who have experience, training or skills in treating transgender members.

- **Gender-affirming surgery (FTMB) – Bottom** – Surgical procedure (or procedures) by which a person’s physical appearance and function of their existing sexual characteristics are altered to resemble that socially associated with their identified gender. This provider performs female-to-male bottom (below the waist) surgery.
- **Gender-affirming surgery (FTMT) – Top** – Surgical procedure (or procedures) by which a person’s physical appearance and function of their existing sexual characteristics are altered to resemble that socially associated with their identified gender. This provider performs female-to-male top (above the waist) surgery.
- **Gender-affirming surgery (MTFB) – Bottom** – Surgical procedure (or procedures) by which a person’s physical appearance and function of their existing sexual characteristics are altered to resemble that socially associated with their identified gender. This provider performs male-to-female bottom (below the waist) surgery.
- **Gender-affirming surgery (MTFT) – Top** – Surgical procedure (or procedures) by which a person’s physical appearance and function of their existing sexual characteristics are altered to resemble that socially associated with their identified gender. This provider performs male-to-female top (above the waist) surgery.
- **Hearing impaired populations (HIMP)** – Access care for a condition where an individual has mild, moderate or total loss of hearing.
- **Health care home (HCH)** – A primary care clinic or clinician certified by the state to coordinate care among the primary care team, specialists and community partners to ensure patient-centered whole person care and improve total health and well-being.
- **Healthy Texas Women program (HTW)** – This program offers free women’s health and family planning services to eligible, low-income women. These services help women plan their families, whether they want to achieve, postpone or prevent pregnancy. They can also have a positive effect on future pregnancy planning and general health (HTW).
- **Homemaker services (HMSV)** – Homemaker services are provided for individuals who need assistance with Activities of Daily Living (ADLs) such as bathing, dressing, toileting, ambulation or feeding.
- **Homelessness (HLC)** – Access to services specifically for mental, emotional, physical and financial support of the effects that can occur with homelessness.
- **Home visiting services (HVS)** – Provides supportive services for pregnant individuals during pregnancy and childbirth, as well as support for parents and children during the postpartum period.
- **HIV/Aids (HV)** – Access care for individuals living with HIV/AIDS.
- **Intellectual and developmental disability (IDD)** – Care for conditions that affect multiple areas of functioning. This includes some combination of intellectual, social, emotional, physical and practical skills through experience, training or skills in providing medical, behavioral or ancillary care.
- **Land transport (LNDDT)** – An emergency vehicle used for transporting patients to a health care facility after illness or injury. Usually ground (surface) ambulance.
- **LGBTQ supportive (E479)** – Access care from a health care professional who is culturally sensitive to the LGBTQ community.

- **Medication-assisted treatment-buprenorphine (MAT1)** – Access to Medication-Assisted Treatment (MAT) which is the use of medications (Buprenorphine) in combination with counseling and behavioral therapies to treat both Substance Use Disorder (SUD) & Opioid Use Disorder (OUD). This provider is registered with the DEA to prescribe OUD treatment medication.
- **Medication-assisted treatment-methadone (MAT2)** – Access to MAT which is the use of medications (Methadone) in combination with counseling and behavioral therapies to treat both SUD & OUD. This provider is registered with the DEA to prescribe OUD treatment medication.
- **Medication-assisted treatment-naltrexone (MAT3)** – Access to MAT which is the use of medications (Naltrexone) in combination with counseling and behavioral therapies to treat both SUD & OUD. This provider is registered with the DEA to prescribe OUD treatment medication.
- **Medication assisted treatment with a navigator (OBAT)** – Access medication assisted treatment in physician office with a navigator. This is the use of medications in combination with navigator services to coordinate counseling and behavioral therapies to treat both SUD & OUD. This health care professional is registered with the Drug Enforcement Administration (DEA) to prescribe OUD treatment medication.
- **Medication assisted treatment without a navigator (MAT4)** – Access medication assisted treatment in a physician office without a navigator using medications in combination with services to coordinate behavioral therapies to treat SUD & OUD.
- **Medical respite/recuperative care (MRES)** – Access care in a short-term home environment to continue post discharge from hospital when individuals may not have stable living.
- **Medical tailored meals (MTM)** – Home delivered meals to assist members with nutrition.
- **Multi-location telehealth (MLTH)** – A health service that allows for real-time, confidential health care through virtual chat or over the phone with the patient in one location and an authorized caregiver or family member in separate location.
- **Nursing facility transition/diversion (NFTD)** – Facilitate nursing facility transition back into a home-like, community setting and/or prevent skilled nursing admissions for members with an imminent need for nursing facility level of care.
- **Obesity medicine (OBM)** – A health care professional with specialized knowledge in obesity care.
- **Pediatric autoimmune neuropsychiatric disorders associated with streptococcal infections (PANDAS) and pediatric acute-onset neuropsychiatric syndrome (PANS)** – Access care for the treatment of PANDAS and PANS.
- **Pediatric & adolescent gynecology (PAG)** – Access care for children, adolescents and young adults with gynecologic concerns.
- **Pediatric sexual abuse examination (PSAE)** – Health care professionals who can perform forensic exams to confirm sexual abuse.
- **Personal care services (PCS)** – Personal care services are provided for individuals who need assistance with Activities of Daily Living (ADLs) such as bathing, dressing, toileting, ambulation or feeding. Personal care services can also include assistance with Instrumental Activities of Daily Living (IADLs) such as meal preparation, grocery shopping and money management.
- **Physical disabilities (PDB)** – Access care for an individual with a physical disability, such as Cerebral Palsy, Cystic Fibrosis and Multiple Sclerosis.

- **Preschool age care (SP68)** – Access care for individuals 0-5 years old that focuses on emotional, behavioral and developmental changes that can happen during preschool years.
- **Post-partum/maternal mental health (MMH)** – Receive care for postpartum depression and anxiety, as well as other mild to moderate maternal mental health conditions.
- **School based clinics (SBC)** – Offers health care to students at school.
- **Serious mental illness (SMI)** – Access care for individuals with a serious mental illness through experience, training or skills in providing medical care for them.
- **Short term post-hospitalization housing (SPHH)** – place for homeless members with high medical or behavioral needs to continue their recovery post discharge.
- **Sobering centers (SOBC)** – Alternative place for people who are found to be intoxicated (due to alcohol and/or other drugs) and would otherwise be transported to the emergency department or jail.
- **Skilled nursing facility adult & social day care (SADC)** – Skilled nursing facilities that provide adult and social day care services.
- **Speech generating services (SGD)** – Access care for a condition where an individual has moderate or total loss of conventional speech communication.
- **Substance use disorder and residential treatment (A141)** – Substance use disorder (SUD) inpatient treatment provides comprehensive, inpatient treatment for individuals enrolled with Ohio Medicaid that have been diagnosed with SUD. SUD is a condition in which there is uncontrolled use of a substance despite harmful consequences. Those with SUD have intense focus on using certain substance(s) such as alcohol or illicit drugs to the point where a person’s ability to function daily becomes impaired. These services are provided in a 24-hour treatment setting at facilities certified by the Ohio Department of Mental Health and Addiction Services.
- **Supportive housing services (HCBS)** – Supportive housing services include pre-tenancy and tenancy support services intended to help members attain and maintain safe affordable housing.
- **Telehealth (THTH)** – Telehealth is a health service that requires the use of advanced telecommunications technology, delivered by a licensed or certified health professional acting within the scope of the health professional’s license or certification.
- **Telemedicine (THS)** – Real-time, confidential health care through virtual chat or audio only over the phone.
- **Transgender care (TRAN)** – Access care from medical providers who have experience, training or skills in treating transgender members.
- **Trauma informed care (TIC)** – Access trauma informed care which is an organizational structure and treatment framework that involves understanding, recognizing and responding to the effects of all types of trauma.
- **Telemedicine (THS)** – Real-time, confidential health care through virtual chat or over the phone.
- **Transgender - hormone therapy (CSHT)** – A form of hormone therapy in which sex hormones and other hormonal medications are administered to individuals for the purpose of more closely aligning their secondary sexual characteristics with their gender identity.
- **Transgender - electrolysis/hair removal (TEHR)** – Hair removal in advance of genital reconstruction prescribed by a physician for the treatment of gender dysphoria.

- **Transgender - facial feminization surgery (TFFS)** – A set of cosmetic surgical procedures that alter typically male facial features to bring them closer in shape and size to typical female facial features.

Medicaid-specific indicators

You can include the following AOE indicators in the in-network UnitedHealthcare Community plan directories:

- **Provider led integrated care coordination (PLIC)** – a community-based program that is led by a provider or team of providers to help individuals with medical and mental conditions to help better manage their needs.
- **Intensive behavioral health community transition services (IBCT)** – program that is short but intense that helps individuals with serious mental illnesses and/or substance use contribute to their communities with the proper tools they need for daily life.
- **Intensive behavioral health family transition services (IBFT)** – program that is short but intense that helps families with serious mental illnesses and/or substance use contribute to their communities with the proper tools they need for daily life.
- **Telemonitoring (TMNT)** – Home telemonitoring is a health service that requires scheduled remote monitoring of data related to a client’s health, and transmission of the data from the client’s home to a licensed home health agency or a hospital.

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