

UnitedHealthcare® Oxford Clinical Policy

Outpatient Surgical Procedures – Site of Service

Policy Number: SURGERY 106.21 Effective Date: July 1, 2023

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Related Policies

- <u>Cosmetic and Reconstructive Procedures</u>
- Glaucoma Surgical Treatments
- Hysterectomy
- Light and Laser Therapy
- Macular Degeneration Treatment Procedures
- Manipulation Under Anesthesia
- Obstructive and Central Sleep Apnea Treatment
- Occipital Nerve Injections and Ablation (Including Occipital Neuralgia and Headache)
- Orthopedic Services
- Percutaneous Vertebroplasty and Kyphoplasty
- Preventive Care Services
- <u>Screening Colonoscopy Procedures Site of Service</u>
- Sodium Hyaluronate
- Surgery of the Hip
- <u>Temporomandibular Joint Disorders</u>

Coverage Rationale

UnitedHealthcare[®] Oxford members may choose to receive surgical procedures in an ambulatory surgical center (ASC) or other locations. We are conducting site of service medical necessity reviews, however, to determine whether the outpatient hospital department is medically necessary, in accordance with the terms of the member's specific benefit plan document. If the outpatient hospital department is not considered medically necessary, this location will not be covered under the member's specific benefit plan document.

Certain planned surgical procedures performed in a hospital outpatient department are considered medically necessary for an individual who meets any of the following criteria:

- Advanced liver disease (MELD Score > 8)
- Advance surgical planning determines an individual requires overnight recovery and care following a surgical procedure
- Anticipated need for transfusion
- Bleeding disorder requiring replacement factor or blood products or special infusion products to correct a coagulation defect
- Cardiac arrhythmia (symptomatic arrhythmia despite medication)
- Chronic obstructive pulmonary disease (COPD) (FEV1 < 50%)
- Coronary artery disease (CAD)/peripheral vascular disease (PVD) (ongoing cardiac ischemia requiring medical management or recently placed [within 1 year] drug eluting stent)
- Developmental stage or cognitive status warranting use of a hospital outpatient department
- End stage renal disease ([hyperkalemia above reference range] receiving peritoneal or hemodialysis)

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- History of cerebrovascular accident (CVA) or transient ischemic attack (TIA) (recent event [< 3 months])
- History of myocardial infarction (MI) (recent event [< 3 months])
- Individuals with drug eluting stents (DES) placed within one year or bare metal stents (BMS) or plain angioplasty within 90 days unless acetylsalicylic acid and antiplatelet drugs will be continued by agreement of surgeon, cardiologist and anesthesia
- Ongoing evidence of myocardial ischemia
- Poorly Controlled asthma (FEV1 < 80% despite medical management)
- Pregnancy
- Prolonged surgery (> 3 hours)
- Resistant hypertension (Poorly Controlled)
- Severe valvular heart disease
- Sleep apnea (moderate to severe Obstructive Sleep Apnea (OSA)
- Uncompensated chronic heart failure (CHF) (NYHA class III or IV)
- Uncontrolled diabetes with recurrent diabetic ketoacidosis (DKA) or severe hypoglycemia
- Under 18 years of age

A planned surgical procedure performed in a hospital outpatient department is considered medically necessary if there is an inability to access an ambulatory surgical center for the procedure due to any one of the following:

- An ASC's specific guideline regarding the individual's health conditions or weight that would preclude management of an individual within an ASC setting; **or**
- There is no geographically accessible ambulatory surgical center that has the necessary equipment for the procedure; (Examples include but are not limited to fluoroscopy, laser, ocular equipment, operating microscope, nonstandard scopes required to perform specialized procedures (i.e., duodenoscope, ureteroscope)*; or
- There is no geographically accessible ambulatory surgical center available at which the individual's physician has privileges

*Note: This specifically excludes surgeon preferred or proprietary instruments, instrument sets, or hardware sets.

Planned Surgical Procedures List

Site of service medical necessity reviews will be conducted for surgical procedures on the <u>Applicable Codes List</u> only when performed in an outpatient hospital setting.

Documentation Requirements

Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The documentation requirements outlined below are used to assess whether the member meets the clinical criteria for coverage but do not guarantee coverage of the service requested.

CPT Codes*	Required Clinical Information	
Outpatient Surgical Procedures – Site of Service (for Commercial Plans only)		
Refer to the <u>Applicable</u> <u>Codes</u> section for a complete list of codes and their descriptions	 Medical notes documenting the following, when applicable: History Physical examination including patient weight and co-morbidities Surgical plan Physician privileging information related to the need for the use of the hospital outpatient department American Society of Anesthesiologists (ASA) score, as applicable Specific criteria (refer to the <u>Coverage Rationale</u>) that qualifies the individual for the site of service requested In addition to the above, additional documentation requirements may apply for the following codes. Review the below listed policies in conjunction with the guidelines in this document. For CPT codes 15576, refer to the Clinical Policy titled <u>Cosmetic and Reconstructive Procedures</u> For CPT codes 20551, 29800, and 29804, refer to the Clinical Policy titled <u>Temporomandibular Joint</u> 	

CPT Codes*	Required Clinical Information		
Outpatient Surgica	Outpatient Surgical Procedures – Site of Service (for Commercial Plans only)		
	 <u>Disorders</u> For CPT codes 20605, 20606, 20610, and 201611, refer to the Medical Benefit Drug Policy titled <u>Sodium Hyaluronate</u> For CPT codes 22513 and 22514, refer to the Clinical Policy titled <u>Percutaneous Vertebroplasty and Kyphoplasty</u> For CPT codes 23700 and 27570, refer to the Clinical Policy titled <u>Manipulation Under Anesthesia</u> For CPT codes 29914, 29915, and 29916, refer to the Clinical Policy titled <u>Surgery of the Hip</u> For CPT codes 42145, refer to the Clinical Policy titled <u>Obstructive and Central Sleep Apnea</u> <u>Treatment</u> For CPT codes 58263, refer to the Clinical Policy titled <u>Mysterectomy</u> For CPT codes 62281, refer to the Clinical Policy titled <u>Occipital Nerve Injections and Ablation (Including Occipital Neuralgia and Headache)</u> 		

*For code descriptions, refer to the <u>Applicable Codes</u> section.

Definitions

ASA Physical Status Classification System Risk Scoring Tool: The American Society of Anesthesiologists (ASA) physical status classification system was developed to offer clinicians a simple categorization of a patient's physiological status that can be helpful in predicting operative risk. The ASA score is a subjective assessment of a patient's overall health that is based on five classes. (ASA, 2020)

Obstructive Sleep Apnea (OSA): The American Academy of Sleep Medicine (AASM) defines OSA as a sleep related breathing disorder that involves a decrease or complete halt in airflow despite an ongoing effort to breathe. OSA severity is defined as:

- Mild for AHI or RDI \geq 5 and < 15
- Moderate for AHI or RDI ≥ 15 and ≤ 30
- Severe for AHI or RDI > 30/hr

(AASM, 2021)

Poorly Controlled: Requiring three or more drugs to control blood pressure. (Sheppard, 2017)

Applicable Codes

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies may apply.

CPT/HCPCS Codes

Outpatient Surgical Procedures - Site of Service: CPT/HCPCS Code List

CPT° is a registered trademark of the American Medical Association

References

The foregoing Oxford policy has been adapted from an existing UnitedHealthcare national policy that was researched, developed and approved by UnitedHealthcare Medical Technology Assessment Committee. [MP-11.19]

American Academy of Sleep Medicine (AASM). Obstructive Sleep Apnea.

American Heart Association. Classes of Heart Failure. Available at: <u>https://sitecore93prod.heart.org/en/health-topics/heart-failure/what-is-heart-failure/classes-of-heart-failure</u>. Accessed March 19, 2023.

American Society of Anesthesiologists (ASA) Physical Status Classification System. December 13, 2020. Accessed March 19, 2023.

American Society of Anesthesiologists. Guidelines for ambulatory anesthesia and surgery. October 17, 2018.

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American Society of Anesthesiologists. Position on monitored anesthesia care. October 17, 2018.

American Society of Anesthesiologists. Practice Guidelines for moderate procedural sedation and analgesia 2018: a report by the American Society of Anesthesiologists Task Force on Moderate Procedural Sedation and Analgesia, the American Association of Oral and Maxillofacial Surgeons, American College of Radiology, American Dental Association, American Society of Dentist Anesthesiologists, and Society of Interventional Radiology. Anesthesiology March 2018, Vol. 128, 437–479.

American Society of Anesthesiologists. Position Statement for distinguishing monitored anesthesia care ("MAC") from moderate sedation/analgesia (conscious sedation). October 17, 2018.

Joshi G; Chung F; Vann Mary Ann, et al. Society for Ambulatory Anesthesia Consensus Statement on perioperative blood glucose management in diabetic patients undergoing ambulatory surgery. Anesthesia & Analgesia. December 2010; 111(6): 1378–1387.

Mathis MR, Naughton NN, Shanks AM, et al. Patient selection for day case-eligible surgery: identifying those at high risk for major complications. Anesthesiology. 2013 Dec;119(6):1310-21.

Medicare Claims Processing Manual. Chapter 14 - Ambulatory Surgical Centers.

Whippey A, Kostandoff G, Ma HK, et al. Predictors of unanticipated admission following ambulatory surgery in the pediatric population: a retrospective case-control study. Paediatr Anaesth. 2016 Aug;26(8):831-7.

Policy History/Revision Information

Date	Summary of Changes
10/01/2023	 Related Policies Removed reference link to the Clinical Policy titled: Articular Cartilage Defect Repairs (retired Oct. 1, 2023)
07/01/2023	 Coverage Rationale Updated list of conditions in which a planned surgical procedure performed in a hospital outpatient department is considered medically necessary if there is an inability to access an ambulatory surgical center (ASC); replaced "an ASC's specific guideline regarding the individual's weight or health conditions <i>prevents the use of an ASC</i>" with "an ASC's specific guideline regarding the individual's health conditions or weight <i>precludes management of an individual within an ASC setting</i>" Documentation Requirements Removed reference link to the Clinical Policy titled: <i>Hysterectomy</i> for CPT code 58263 <i>Occipital Nerve Injections and Ablation (Including Occipital Neuralgia and Headache) for</i> CPT code 62281 <i>Temporomandibular Joint Disorders</i> for CPT code 20551 Supporting Information Updated <i>References</i> section to reflect the most current information Archived previous policy version SURGERY 106.20

Instructions for Use

This Clinical Policy provides assistance in interpreting UnitedHealthcare Oxford standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this policy, please check the member specific benefit plan document and any applicable federal or state mandates.

Outpatient Surgical Procedures – Site of Service UnitedHealthcare Oxford Clinical Policy UnitedHealthcare Oxford reserves the right to modify its Policies as necessary. This Clinical Policy is provided for informational purposes. It does not constitute medical advice.

The term Oxford includes Oxford Health Plans, LLC and all of its subsidiaries as appropriate for these policies. Unless otherwise stated, Oxford policies do not apply to Medicare Advantage members.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual[®] criteria, to assist us in administering health benefits. UnitedHealthcare Oxford Clinical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.